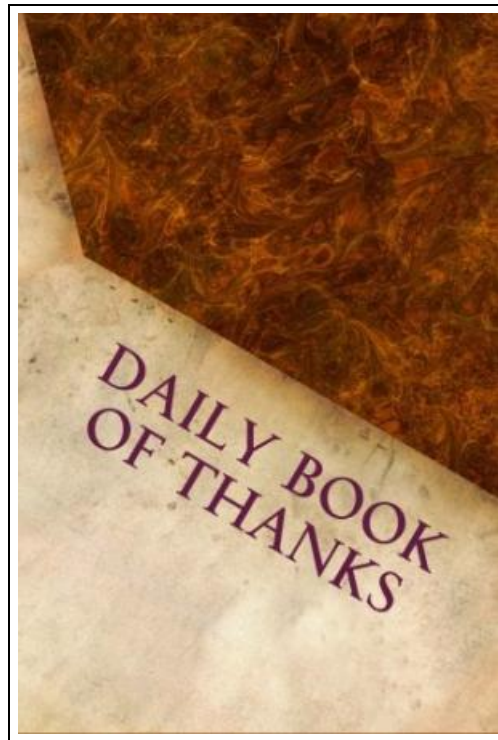


Daily Book of Thanks (Paperback)



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DAILY BOOK OF THANKS (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book is a simple guide for you to write down one to three things you are thankful for daily. Everyday so many of us (me included) go through life not thinking of the little things and being ungrateful for them. In the book, there are 365 pages of fill in the blanks of what you are thankful for and a spacious lined area to journal. I have been blessed with so many things in my life time and God continues to shower the unspoken blessings. For many years I looked at life with the glass half empty.being resentful and bitter about my life. It was never enough for me, no matter how much my husband or my kids did, because I was never happy with the person I was. It took something horrifically traumatic to happen for me to change my whole life. While that book is still in the works, THIS is a product of my new normal. Being thankful regardless of my circumstances is relatively a new concept for me. As a result of writing down what I m thankful for, I have found myself liking myself more, as well as having a positive attitude and appreciation for the little things in life. So my prayer for you is that in the midst of your unpredictable days, take 5 minutes for yourself (you deserve it), breathe the air in and be thankful for a few things in your life. Enjoy the journey!.



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